

Coach-Mentor & Volunteer Frequently Asked Questions

1. What is the difference between a coach-mentor and a volunteer?

Coach-mentors are paid positions that engage directly with First Tee Program classes. Volunteers are unpaid positions that engage in various opportunities in support of First Tee - Metro Atlanta apart from Program classes (these include assistance with the following; operations, special events, administrative duties, tutoring and more)

2. What steps are involved in becoming a coach-mentor and/or volunteer?

- a. Complete online application form
- b. Complete Youth Safety requirements (Background Check & Safesport Training)
- c. Complete virtual introductory training (COACH REQUIREMENT ONLY)
- d. Complete in-person 5 hours training (COACH REQUIREMENT ONLY)
- e. Submit schedule availability

3. What is my time commitment?

Coaches are expected to teach at least 3-8 weekly classes during a full 8-week session (dependent upon coach role/level.) Weekly Program classes are approximately 1:15 minutes of active teaching with the kids. We ask that coaches and volunteers arrive 30 minutes early to help set up and be available 15 minutes afterwards to collect equipment. Volunteers are asked to engage based on their individual availability.

4. Can I still be a coach-mentor if I am not available for all 8 weeks of a session?

Yes - we ask that coach-mentors communicate early and often with our Programs Director, Assistant Director and Coach/Volunteer Coordinator regarding schedule conflicts and fluctuations.

5. How many program sessions are there each year?

We offer three (3) program sessions offered each year; Spring, Summer and Fall. Half-Day Camps will also be offered during Summer months.

6. What is a typical class size and how many kids will I be directly engaged with?

We target a 6:1 coach to participant ratio to deliver a consistent, high quality experience for our participants. The ideal class size is 18 kids with 3 dedicated coaches.

7. Are there opportunities to coach multiple classes per day/week?

Yes, if you have time in your schedule there are many opportunities to engage in our organization.

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8. Can I help at different sites each week?

Yes, whatever works best for your schedule.

9. Are First Tee - Metro Atlanta coach-mentors paid?

Yes. All coaching positions are paid. Pay scale is determined by level of training and length of service.

10. Can you describe the initial training required to begin coaching and/or volunteering?

Before interacting with participants, all coaches and volunteers are required to pass a background check and complete SafeSport training (SafeSport training is an online exercise which takes about 90 minutes in one sitting.) Upon completion of SafeSport Training and a passed background check, volunteers can then begin to support and engage with the program. Coach-mentors must also complete the following: 1. Virtual First Tee Chapter Training (approx. 90 minutes) 2. Attend a one-day local training (approx. 5 hours.)

11. Is there additional ongoing training required?

Yes, all coaches are expected to participate in additional training sessions. These are mostly in a virtual setting or self-study/reflection setting. These training sessions typically occur once a month and take approximately 30-90 minutes, based upon content. We host a Coaches Chat (an hour in length at least once a month, beginning late February thru October to review and discuss trends and self-study/reflection topics).

12. Are there any sample training videos available?

Yes. We will provide these after the initial training has been completed. We are developing a Coach-mentor and Volunteer Portal that will help with training (and general communication) in the future. This portal should be live late March 2022.

13. Is there a minimum age required to become a First Tee Coach-mentor or Volunteer?

Yes, coach-mentors and volunteers must be at least 18 years of age.